Do You Have Stage IV/Metastatic Breast Cancer (MBC)?

MBC is breast cancer that has spread beyond the breast to other parts of the body, most commonly the bones, lungs, liver, and brain.

If you are experiencing (or concerned about) treatment-related side effects such as nausea, fatigue, rash, etc., you are not alone!

A survey of 1,221 patients with MBC found that:

86% had at least one bad treatment-related side effect.

If you have side effects, speak with your doctor about ways to relieve them. Your doctor may be able to:

- Prescribe medication for relief
- Adjust your dose
- Revise your treatment schedule
- Recommend a different treatment
- Suggest something else to make you feel better

You may start the conversation with your doctor by saying:

- "We both want the same things"
- "I want to have the longest possible life with the best possible Quality of Life"
- "You want that for me too!"
- "Let’s work together to achieve this!"

You and your doctor may want to discuss:

1. Your personal goals, wishes, and desires
2. Your general health situation (other illnesses/conditions)
3. History of side effects from other drugs
4. Current and past blood counts
5. Whether the disease is slow- or fast-growing
6. Whether any organs are severely affected, or the disease is in the brain
7. Your body mass index (level of body fat)
8. Affordability of medications to ease your side effects
9. If you need help at home, is anyone available?

Never change anything about your treatment on your own; always speak with your doctor!

Questions/Comments: Visit the Patient-Centered Dosing Initiative at TheRightDose.org or email info@TheRightDose.org

The material in this flyer is solely for informational purposes and is not a substitute for professional medical advice or treatment. If you use and/or act upon information in this flyer, you assume full responsibility, and you understand and agree that the Patient-Centered Dosing Initiative and its members are not responsible or liable for any claim, loss, or damage resulting from its use by you or any user. If you have questions about your disease, treatment, and/or side effects, speak with your doctor or other qualified healthcare provider, and never change anything regarding your treatment without obtaining medical advice from your clinician.

Loeser, et al. ASCO Annual Worldwide Meeting, June 2021