

October						
Su	Мо	Tu	We	Th	Fr	Sa
				1	2	3
				Photo Post #1 Pinned to FB & TW 8:30 am		
4	5	6	7	8	9	10
	Video Post #1 Katherine O'Brien Pinned to FB & TW 8:30 am			Photo Post #2 Pinned to FB & TW 8:30 am		
11	12	13	14	15	16	17
		Metastatic Breast Cancer Awareness Day Photo Post #3 Pinned to FB & TW 8:30 am		Video Post #2 Lisa Laudico Pinned to FB & TW 8:30 am		
18	19	20	21	22	23	24
	Re-share Photo Post #1 Re-pin Oct. 13 post for remainder of month 8:30 am			Re-share Video Post #1 8:30 am		
25	26	27	28	29	30	31
	Re-Share Photo Post #2 8:30 am			Re-Share Video Post #2 8:30 am		

# OCTOBER 2020

# OCTOBER 1—PHOTO POST #1



**For your information...** *NOT* for inclusion in social media posts. Posts will direct users to the <u>Here All Year Landing Page</u> where these links will be available.

LEARN MORE link: https://mbca.me/3kYIPwJ

Source document accessible by clicking on the graphic: https://mbca.me/3jfaMzH

#### **FACEBOOK**

October is Breast Cancer Awareness Month, and we'd like to bring more attention to Metastatic Breast Cancer, or breast cancer that spreads to other parts of the body. Share this post to raise awareness about MBC, and visit this link to learn more: <a href="https://mbca.me/HAY">https://mbca.me/HAY</a>

#### **TWITTER**

October is Breast Cancer Awareness Month, and we'd like to bring more attention to Metastatic Breast Cancer, or breast cancer that spreads to other parts of the body. Share this post to raise awareness about MBC, and visit this link to learn more: https://mbca.me/HAY #HereAllYear #MetastaticBC

# OCTOBER 5—VIDEO POST #1 - Katherine O'Brien



**For your information...** *NOT* for inclusion in social media posts. Posts will direct users to the <u>Here All Year</u> Landing Page where this link will be available.

LEARN MORE link: https://mbca.me/KOB-HAY

#### **FACEBOOK**

Katherine O'Brien has been living with Metastatic Breast Cancer for 12 years. Here's her perspective on navigating breast cancer awareness month and living with MBC. She's Here All Year. <a href="https://mbca.me/HAY">https://mbca.me/HAY</a>

### **TWITTER**

Katherine O'Brien has been living with Metastatic Breast Cancer for 12 years. Here's her perspective on navigating breast cancer awareness month and living with MBC. She's #HereAllYear <a href="https://mbca.me/HAY">https://mbca.me/HAY</a> #MetastaticBC

# OCTOBER 2020

# OCTOBER 8—PHOTO POST #2



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Posts will direct users to the Here All Year Landing Page where these

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LEARN MORE link: https://mbca.me/3cGOpkp

Source document accessible by clicking on the graphic:

https://www.komen.org/breast-cancer/treatment/by-diagnosis/metastatic/

#### **FACEBOOK**

Did you know that up to 10% of patients won't know they have breast cancer until it's spread elsewhere in the body? Share this post to raise awareness about Metastatic Breast Cancer. You can visit this link to learn more about MBC and find additional resources: https://mbca.me/HAY

#### **TWITTER**

Did you know that up to 10% of patients won't know they have breast cancer until it's spread elsewhere in the body? Share this post to raise awareness about #MetastaticBC. You can visit this link to learn more about MBC and find additional resources: https://mbca.me/HAY #HereAllYear

#### OCTOBER 13 - PHOTO POST #3



**For your information... NOT** for inclusion in social media posts.

Posts will direct users to the <u>Here All Year Landing Page</u> where these links will be available.

LEARN MORE link: https://mbca.me/33bQeTm

Source document accessible by clicking on the graphic:

https://mbca.me/3jah0B0

#### **FACEBOOK**

Today is Metastatic Breast Cancer Awareness Day. An estimated 168,000 Americans are currently living with MBC -- breast cancer that's spread to other parts of the body. Share this post to raise awareness, and visit this link to learn more: https://mbca.me/HAY

#### **TWITTER**

Today is Metastatic Breast Cancer Awareness Day. An estimated 168,000 Americans are currently living with MBC -- breast cancer that's spread to other parts of the body. Share this post to raise awareness, and visit this link to learn more: https://mbca.me/HAY #HereAllYear #BCAM

# OCTOBER 2020

# OCTOBER 15 - VIDEO POST #2 - Lisa Laudico



**For your information...** *NOT* for inclusion in social media posts. Posts will direct users to the <u>Here All Year Landing Page</u> where this link will be available.

LEARN MORE link: http://mbca.me/OurMBCLife

#### **FACEBOOK**

Up to 10% of patients will receive an initial diagnosis of Metastatic Breast Cancer. Lisa Laudico is one of those patients. Here is a small testament of what her experience of living with MBC for the last 3 years has been like: https://mbca.me/HAY

# **TWITTER**

Up to 10% of patients will receive an initial diagnosis of Metastatic Breast Cancer. Lisa Laudico is one of those patients. Listen to her experience of living with MBC for the last 3 years: https://mbca.me/HAY #ourmbclife

# **FACEBOOK FRAME**

Two Facebook frames are available for general public use on their profile pictures beginning on October 1.

To add a frame to your profile picture:

Go to <a href="www.facebook.com/profilepicframes">www.facebook.com/profilepicframes</a> or follow the steps you normally use on your mobile device to update your profile picture and choose "add a frame." .Use "hereallyear" to search and select either "I'm HereAllYear" or "We'reHereAllYear" as the frame you want to use. Click Use as Profile Picture to save.



