

ADVOCACY SLIDE DECK • **SERIES 4**

Information for Caregivers “Cheat Sheet”

This cheat sheet is intended to draw your attention to points within the presentation slides. Additional information and more detailed support for selected slides follows.

Please use these links and the information they supply to support you — consider using them as you are preparing your presentation since they will allow you to address issues that you consider most important to your audience and will make answering any questions easier.

All sources listed have information that is extensive and reputable. Please take some time to look at the documents as you plan your presentation.

Members of the Metastatic Breast Cancer Alliance have numerous resources to support family and friends caring for a loved one with MBC.

> Go to mbcalliance.org for an updated resources list for caregivers available from Alliance members.

> **ALL SLIDES WERE INFORMED BY:**

- American Cancer Society: <https://www.cancer.org/cancer/caregivers.html>
- Cancer Support Community: <https://www.cancersupportcommunity.org/caregivers>
- Living Beyond Breast Cancer: <https://www.lbbc.org/caregiver>
- Cancer Nation:
<https://canceradvocacy.org/resources/cancer-survival-toolbox/caring-for-the-caregiver/>
- Triage Cancer: TriageCancer.org/Guide-Caregiver
TriageCancer.org has numerous resources for family and friend caregivers to help with multiple issues including logistical, work, and legal questions.

> **ACCORDING TO THE CANCERSUPPORTCOMMUNITY.ORG:**

In a survey of 66 caregivers who are part of our [Cancer Experience Registry®](https://CancerExperienceRegistry.org) found:

- **98%** provided emotional support
- **96%** went with their loved one to medical appointments
- **82%** helped with decision-making
- **79%** coordinated medical care
- **80%** provided transportation
- **74%** helped manage finances