



Navigating Your Brain Metastases Care: Understanding Your Diagnosis, Care Team, and Your Empowered Role Saturday, June 17th, 2023

Brain metastases, or secondary brain tumors, are the most common central nervous system tumors in the U.S. They begin from another location in the body and then spread to the brain. Attendees at this meeting will gain important knowledge around diagnosis, treatment and quality of life. In addition, attendees will learn how to navigate novel science and clinical trials and their care.

Time	Topic
10:00 am – 10:15 am Central Time	<p>Welcome & Introductions</p> <p>Emily Lippert <i>Program Manager</i> <i>American Brain Tumor Association</i></p> <p>Priya Kumthekar, MD <i>Director of Brain Metastases Program</i> <i>Northwestern University Feinberg School of Medicine</i></p>
10:15 am – 10:25 am CT	<p>About The ABTA</p> <p>Learn about the ABTA & its mission, understand the educational resources & programs available to you, and how you can get more involved.</p> <p>Nicole Willmarth, PhD <i>Chief Mission Officer</i> <i>American Brain Tumor Association</i></p>
10:25 am – 10:45 am CT	<p>Building Your Dream Team: Preparing For the Road Ahead</p> <p>Prepare yourself mentally and logistically for your treatment of CNS Metastases. This session will discuss what to think about, who to integrate, and the various roles they play.</p> <p><u>Learning Objectives:</u></p> <ul style="list-style-type: none"> • How do you prepare yourself? • Who is your team? • What role does each team member play? <p>Priya Kumthekar, MD <i>Director of Brain Metastases Program</i> <i>Northwestern University Feinberg School of Medicine</i></p>
10:45 am – 10:50 am CT	Break
10:50 am – 11:15 am CT	Research in CNS Metastases: Your Care Starts in Lab





	<p>Understand the starting ground of advancements in CNS metastases, how they move forward, and the crucial clinical mindset involved.</p> <p><u>Learning Objectives:</u></p> <ul style="list-style-type: none"> • Demonstrate the impact that precision medicine approaches have on the management of patients with brain metastases. • Explain the challenges in the treatment of brain metastases. • Demonstrate how bench to bedside approaches can help identify new therapies for patients. <p>Priscilla Brastianos, MD, <i>Massachusetts General Hospital, Harvard Medical School</i></p>
<p>11:15 am – 11:30 am CT</p>	<p>Question and Answer</p>
<p>11:30 am – 11:45 am CT</p>	<p>Break featuring Sponsor Lightning Round</p> <p>Meet the Sponsors. Each sponsor will share a brief introduction of resources they offer to patients and their families.</p>
<p>11:45 am – 12:30 pm CT</p>	<p>Navigating the Complex World of Clinical Trials</p> <p>This multidisciplinary panel will review the landscape of clinical trials, the logistics behind how to get on a study, and what to keep in mind as patients and caregivers.</p> <p><u>Learning Objectives:</u></p> <ul style="list-style-type: none"> • Understand how clinical trial enrollment is conducted. • Discuss the clinical trial landscape and how to find an appropriate clinical trial. • Learn about how brain metastases fit into the clinical trial landscape, both with dedicated CNS studies and studies that allow brain metastases. <p>Moderator: Seema Nagpal, MD, <i>Stanford Health Care</i></p> <p><u>Panelists:</u></p> <ul style="list-style-type: none"> • Priya Kumthekar, MD, <i>Northwestern University Feinberg School of Medicine</i> • Ayal Aizer, MD, MHS, <i>Dana-Farber Cancer Institute, Brigham and Women’s Hospital</i> • Ashley Ghiaseddin, MD, <i>University of Florida, Gainesville</i>
<p>12:30 pm – 12:45 pm CT</p>	<p>Question and Answer</p>
<p>12:45 pm – 12:50 pm CT</p>	<p>Break</p>
<p>12:50 pm – 1:20 pm CT</p>	<p>Weaving Quality of Life Through the Full Course of Your Care</p> <p>Understand the role supportive care plays from the time of diagnosis</p>





and throughout your care with CNS Metastases.

Learning Objectives:

- Learn the role and benefits of palliative care from diagnosis to end-of-life care and how it can be tailored to meet the unique needs of patients.
- Understand how optimizing quality of life involves addressing the physical, emotional, and social needs of the patient and their care partner.
- Identify strategies for improving patient outcomes through a patient-centered approach to care.

Akanksha Sharma, MD, *Pacific Neuroscience Institute; Providence Saint John's Health Center*

1:20 pm – 1:35 pm CT

Question and Answer

1:35pm – 2:05 pm CT

Patient and Care Partner Panel

Learn key strategies and approaches to navigate your journey with brain metastases in this lively and interactive patient and care partner panel. Get ideas for how to cope and where to find resources and support.

Moderator: Priya Kumthekar, MD
*Director of Brain Metastases Program
Northwestern University Feinberg School of Medicine*

Panelists:

- Sheryl Sanders
- TBD
- TBD

2:05 pm – 2:20 pm CT

Question and Answer

2:20 pm – 2:30 pm CT

Closing Remarks

Emily Lippert
*Program Manager
American Brain Tumor Association*

Priya Kumthekar, MD
*Director of Brain Metastases Program
Northwestern University Feinberg School of Medicine*





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AMERICAN BRAIN TUMOR ASSOCIATION INFORMATION, RESOURCES AND SUPPORT

BROCHURES

Educational brochures are available on our website or can be requested in hard copy format for free by calling the ABTA. Some brochures are available in Spanish and are marked with an asterisk.

General Information

About Brain Tumors: A Primer for Patients and Caregivers
Brain Tumor Dictionary
Brain Tumors: A Handbook for the Newly Diagnosed
Caregiver Handbook

Treatment

Chemotherapy*
Clinical Trials*
Conventional Radiation Therapy*
Proton Therapy*
Stereotactic Radiosurgery
Steroids*
Surgery*

Tumor Types

Ependymoma*
Glioblastoma and Anaplastic Astrocytoma*
Medulloblastoma
Meningioma*
Metastatic Brain Tumors*
Oligodendroglioma and Oligoastrocytoma
Pituitary Tumors*

INFORMATION

ABTA WEBSITE | ABTA.ORG

Offers more than 200 pages of information, programs, support services and resources, including: brain tumor treatment center and support group locators, caregiver resources, and tumor type and treatment information across all ages and tumor types.

EDUCATION & SUPPORT

- **ABTA Educational Meetings & Webinars:** Virtual educational meetings led by nationally recognized medical professionals.
- **ABTA Patient and Caregiver Mentor Program:** Connect with a trained patient or caregiver mentor to help navigate a brain tumor diagnosis.
- **ABTA Connections Community:** An online support and discussion community of more than 35,000 members.
- **ABTA CareLine:** For personalized information and resources, call 800-886-ABTA (2282) or email info@abta.org to connect with a CareLine staff member.





American
Brain Tumor
Association®

PATIENT & FAMILY MEETINGS

GET INVOLVED

- Join an ABTA fundraising event.
- Donate by visiting abta.org/donate.

CONTACT THE ABTA

CareLine: 800-886-ABTA (2282)

Email: info@abta.org

Website: <https://www.abta.org>

SUPPORTERS

The American Brain Tumor Association thanks our generous sponsors, funders, partners and supporters who helped make this meeting possible.

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